

How To Obtain A Coaching Course

(Effective as of June 1, 2008)

The philosophy of FYSA is to provide coaching courses designed to instruct candidates in coaching and teaching methods which are appropriate, economical and efficient. Courses are hosted by affiliate members of FYSA where they are located.

The following coaching courses are offered by FYSA:

Parent/Player Clinic	2 hours
Youth Modules U6/8, U8/10 or U10/12	6 hours
F Certificate	8 hours
E Certificate	18 hours
D License	36 hours

Brief Description of courses

Parent/Player Clinic (PPC): clinic including players and a parent-coach education unit that focuses on age specific training. These clinics may be custom designed and are held up to two hours.

Youth modules: age specific training with appropriate activities for youth players for U6/8, U8/10 or U10/12 levels. Generally they are held on a Saturday or Sunday. Sometimes they are held over two evenings in three hour segments.

F Certificate: The entry level course to 11 a side soccer. This is the prerequisite course for the E certificate course and may be held in one day or split over two days.

E Certificate: preparatory course for the D license course for coaches of players 13 and older. The E certificate is a prerequisite for the D course. Generally E courses are held over a Friday, Saturday and Sunday.

D License: highest state license course for coaches of players 13 and up. Coaches are tested in the D course by written and practical field exams. Coaches who pass receive either a "D License" or "D License with recommendation to attend National Coaching School". Generally a D course is held over two Friday, Saturday and Sunday combinations.

D courses require a minimum of two instructors. As such, scheduling requires an application at least three months prior to the date of the course.

E Waiver Policy

There is a requirement of an F certificate before a coach may take an E course. The FYSA Director of Coaching may waive this requirement only if the candidate has two years of Division I college playing experience or higher AND two years of coaching experience of players U14 or higher. A coaching resume must be approved before the candidate may take the course.

Attendance Policy

In order to earn a license, a coach must attend the entire course and pass the exams. In the event a coach misses part of a course, it is the responsibility of that coach to attend the missed segment at another course in order to attain a license.

The Instructional Staff is drawn from our State Staff. No coaches outside the FYSA staff may instruct a licensing course.

The Steps to Obtain a Coaching Course:

1. Check to see if another course has been scheduled in your area at <http://www.fysa.com/coaching/77796.html>. If no course has been scheduled, mail the "Request for Coaching Course" form with three potential dates and the appropriate deposit. Course requests for the Parent/Player Clinic, Modules, F course and E course should be submitted at least **three weeks** in advance. See the requirement for D courses below in section 3. Approval of requests will be affected by the availability of instructors. A confirmation will be sent to the local course coordinator and the course will be posted on the FYSA website.
2. Obtain a facility for the course. A full size field (age appropriate), goals, net, water and soccer balls (suggest each participant bring their own ball and water) are needed. A classroom type setting with a blackboard, chalk, desk or tables and chairs.
3. The D course will require a course request at least **three months** prior to the course. Unlike the other courses, coaches will register directly for D course with the FYSA office. FYSA will update the local course coordinator about the registration count. There will be at least two instructors assigned to each D course and the minimum number of coaches will be 24. Two weeks prior to the course FYSA will determine if there is a sufficient number coaches registered to hold the course or if it needs to be rescheduled or cancelled. FYSA will approve D courses based on availability of qualified instructors and proximity of other D courses to avoid courses being cancelled due to low numbers.
4. The Youth Modules require age specific players at times that need to be set up with instructor. This is a requirement of the course. Failure to do so make negate the ability for the coaches to obtain their certification for the course.
5. A local site coordinator whose duties will include:
 - Notify the State Director of Educational Services **ten days in advance** if the class is to be rescheduled or cancelled. Failure to do so will result in a fine to the host/club or league. Courses cancelled within 24 hours of starting will result in forfeiture of the full deposit.
 - Work with Director of Educational Services in setting times of the course.

- Notify Director of Educational Services ten days prior of the approximate number of candidates so that the proper amount of materials are sent to the course.
 - Make sure all applications/medical releases are signed by candidates as well as the course roster.
 - Coordination as to the usage needs at the facility.
 - Mailing of additional fees to the State office at the conclusion of the course.
6. The assignment of an instructor will be arranged through the Director of Educational Services. If you have an instructor you would like to request include that on your request form.

6. Cost:

Type	cost	mini #	deposit	late cancellation fine
PPC	\$250 flat fee	--	\$250	\$150
Modules	\$25 each	15	\$375	\$300
F Certificate	\$50 each	15	\$750	\$300
E Certificate	\$100 each	15	\$1500	\$800
D License	\$200 each	24	\$1750	\$1500

(as of 4/29/2008)

Module Schedule

9:00am – Noon	Lecture-Characteristics
1:00pm – 2:00pm	Field-Appropriate Age group
2:00pm – 3:00pm	Field-Appropriate Age Group
3:00pm – 4:00pm	Summary and Q & A

F Schedule

9:00am - 9:30am	Lecture-Course Orientation
9:30am - 10:30am	Field-How/when to pass and receive
10:30am - 11:30am	Field-How/when to dribble
11:30am - 12:30pm	Field-How/when to shoot
1:30pm - 2:45pm	Lecture-Methods of Coaching
2:45pm - 3:00pm	Lecture-Prevention and Care / Team Management
3:00pm - 4:00pm	Field-Principles of defense
4:00pm - 5:00pm	Field-principles of attack

E Schedule

Friday

6:00pm - 6:30pm	Lecture-Course Orientation
6:30pm - 7:45pm	Lecture-Methods of Coaching
7:45pm - 9:00pm	Lecture-Prevention and Care / Laws

Saturday

9:00am - 10:30am	Field-How/when to pass, dribble and receive
10:30am - 11:45am	Field-Playing balls in the air/heading balls
1:00pm - 2:15pm	Lecture-Principles of Play I with Reading the Game

2:15pm - 3:15pm Field-Goalkeeping
3:15pm - 4:15pm Field-How/when to shoot/finish with accuracy
4:15pm - 5:30pm Field-Principles of Attack or Defense in small groups

Sunday

9:00am - 10:15am Field-Principles of Attack or Defense in small groups
10:30am - 11:30am Field-Practice Coaching
1:00pm - 3:00pm Field-Practice Coaching
3:00pm - 4:00pm Lecture-Review take-home Exam

D Schedule

Friday

6:00pm - 7:30pm Lecture-Review of Methods
7:30pm - 9:00pm Field-Instructor Field Sessions

Saturday

9:00am - 10:30am Field-Instructor Field Sessions
10:30am - 12:00pm Field-Practice Coaching
1:30pm - 2:30pm Lecture-Introduction of Game Analysis/Transition
2:30pm - 5:00pm Field-Practice Coaching

Sunday

9:00am - 10:30am Field-Instructor Field Sessions
10:30am - 12:00pm Field-Practice Coaching
1:30pm - 5:00pm Field Practice Coaching

Friday

6:00pm - 8:00pm Field-Instructor Field Sessions/Practice Coaching

Saturday

9:00am - 12:00pm Field-Practice Coaching
1:30pm - 3:00pm Lecture-Course Summary
3:00pm - 4:30pm Oral Exams

Sunday

9:00am - 12:00pm Field-Field Exams
1:30pm - 5:00pm Field-Field Exams

(as of 4/29/08)

FYSA Coaching Department
7201 Lake Ellenor Drive, Suite 200
Orlando, Florida 32809

(407) 852-6770 FAX (407) 852-6771

-Keep the above-

Request for Coaching Course

Host Club/League_____

Name of Course Coordinator_____

Address_____

Phone: Day ()_____ Evening ()_____ Fax ()_____

Email_____

Name of Course site_____

Address_____

Phone ()_____

Course requested (check one)

___ U6/8 module	6 hours	minimum 15 @ \$25 per candidate	\$375 deposit
___ U8/10 module	6 hours	minimum 15 @ \$25 per candidate	\$375 deposit
___ U10/12 module	6 hours	minimum 15 @ \$25 per candidate	\$375 deposit
___ F Certificate	8 hours	minimum 15 @ \$50 per candidate	\$750 deposit
___ E license	18 hours	minimum 15 @ \$100 per candidate	\$1500 deposit
___ D license	36 hours	minimum 24 @ \$200 per candidate	\$1750 deposit

List three dates in order of preference:

1. _____ 2. _____ 3. _____

Anticipated number of attendees_____ (in order to insure proper amount of materials)

Check attached (payable to FYSA) for \$_____ check # _____

Club official signature:_____

Print name:_____

Cancellation of course less than one week prior to course will result in fine:

Module: \$250 F: \$400 E: \$700 D: \$1500

Request Form w/deposit must be submitted to State office at least two weeks prior to start of course: (as of 4/29/2008)

**Mailing address: FYSA
7201 Lake Ellenor Drive, Suite 200
Orlando, FL 32809**