



FYSA COVID-19 Guidance

Updated 1/25/22

General:

- Follow all local (city, county, municipal, state, etc.) guidelines and requirements
- FYSA recommends following CDC guidelines and mandates
- Participants (players, coaches, managers, etc.) who test positive for Covid-19 shall not attend any FYSA event for five (5) days if not experiencing Covid-19 symptoms (asymptomatic) from the time of their positive test result
- Participants who test positive for Covid-19 shall not attend any FYSA event for ten (10) days if experiencing Covid-19 symptoms from the time of their positive test result
- Participants experiencing symptoms of Covid-19 are encouraged to reevaluate participation in FYSA events and obtain a Covid-19 test
- Participating in FYSA events is permitted for those that have encountered someone who tested positive for Covid-19 provided they are not exhibiting symptoms

Common COVID-19 Symptoms:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Recommended Health and Safety Guidelines

FYSA wants to encourage everyone to continue using health and safety best practices while traveling and at all youth soccer events. We'd also like to note the precautions that are continuing to take place at FYSA events. As always, please follow local health and safety guidelines when at home, when traveling and when at youth soccer events. *Here are some additional notes and reminders for FYSA event:*

- Follow all local (city, county, municipal, state, etc.) guidelines and requirements
- We strongly recommend anyone attending the event to take a COVID test prior to traveling
- We strongly recommend spectators wear face coverings while at the soccer complex
- There will be no hydration provided on site at the soccer complex. Please make sure each individual on your team provides their own hydration for your games. Avoid sharing water bottles
- We strongly recommend that all participants continue to thoroughly wash their hands and bring hand sanitizer to use while traveling and while at the soccer complex
- Maintain distance between teams when warming up for your games
- Do not shake hands with members of opposing teams
- Use other methods of acknowledgment and good sportsmanship, such as waving or clapping

We appreciate everyone's understanding in following these precautions to the best of your abilities to promote a safe experience before, during and after events. As always, if you are feeling any symptoms, we ask that you reevaluate your participation.