Game Day Guidance

PRE AND POST GAME

Players, coaches, referees and spectators must:
• Maintain social distancing guidelines when entering and exiting the facility.
• Non-active participants must wear face coverings/masks at all times.
• Bring their own equipment (hand sanitizer, water bottle, towels, etc.) that should not be shared between individuals.

Pregame:
• Players, coaches, referees and spectators must not enter the facility until 20-30 minutes prior to their game.
• On-field warm-ups should be limited to 15-20 minutes.
• Pre-game coin toss (if necessary) should follow social distancing guidelines and participants should be wearing masks. Limit number of captains.

Postgame:
• Handshakes should be replaced with socially distanced applause line.
• Players, coaches and spectators should leave the facility immediately after their game.

DURING THE GAME

Players and Coaches:
• Maintain social distancing guidelines when entering and exiting the facility.
• Should remain socially distanced when on the sideline before, during and after games.
• Multiple tents, benches or chairs may be necessary for this to be possible.

Substitutions:
• Players should be assigned individual pinnies for the entirety of each game.
• Substitutes waiting to enter the playing field should put their pinnie in their own bag before leaving the bench area.
• If the substitute failed to put their pinnie in their bag, the player leaving the field should not take the pinnie from the substitute.

Equipment:
• Have extra balls available. Any ball that comes into contact with anyone not playing, should be disinfected before being reused.
• Surfaces of shared equipment such as soccer balls, discs, and any other equipment should be disinfected before and after each game.
• Players should not share clothing such as training bibs, warm-ups, jerseys, etc.
Spectators

1. Follow facility guidelines and requirements.
2. No spectator should attend a game if they are displaying symptoms of COVID-19.
3. FYSA recommends limiting the number of spectators per player to limit contact.
   • FYSA highly recommends 1 spectator per family when possible.
   • If more family members must attend, a family unit should be compromised only of people who reside in the same household.
   • These family units should sit together and socially distance from other family units before, during and after the event.
4. FYSA recommends not allowing spectators to enter the facility during training events.
5. Unsupervised participants (siblings and pets) should not be permitted at event.

Referees

• Follow facility guidelines and requirements.
• No Referee should officiate a game if they are displaying symptoms of COVID-19.
• Must be wearing a mask during check in and when leaving the field.
• Masks are optional when game is in progress.
• Confirm with coaches from each team that all participants have passed the health check prior to the game.
• Sanitize all equipment prior to the game.
• Use only your own equipment.
• Make sure to have at least 3 sanitized game balls available throughout the game.
• Your role is not to enforce the protocols. Your role is to note and report any non-compliance to FYSA.

Injured Players

• If a player is injured on the field, the referee will signal for the coach to come onto the field. Only one coach wearing a mask should enter the field.
• If an additional person is required to help the player off the field, the coach needs to select a player from his/ her own team to help.
• If athletic trainers are present for the game, he/she should be treating the injured players at their respective team areas.
• If the athletic trainer has a golf cart, it should only be used to move players in an emergency situation. Players with minor injuries should be moved from the field by the coach.
Health Checks

Prior to participation, program technical staff, referee assignors, and coaches must obtain confirmation from each player, coach and official that:

1. They are not experiencing any of the symptoms related to COVID-19 below:
   - Cough
   - Shortness of breath or difficulty breathing
   - Fever
   - Chills
   - Muscle Pain
   - Sore Throat
   - New loss of taste or smell
   - Nausea
   - Vomiting
   - Diarrhea
2. They have not had contact with anyone who has had a confirmed case in the last 14 days
3. They are not restricted from participation by a healthcare provider
4. Each individual should check their own temperature and refrain from participation if they have a fever (>100.4°F).

A representative from each team (i.e. head coach or team manager) must confirm with the opposing team that all participating players and staff have met the above requirements.

All referees must confirm individually with both team representatives that all referees have met the above requirements.

Any individual who is unable to confirm this criteria must be restricted from participation and contact their healthcare provider.

Club Program Technical Staff and Referee assignors can use the quick check list below:

1. Player/ Coach/ Official has not been around anyone with any of the listed symptoms or diagnosis of COVID-19 in the 14 days before the game.
2. No one in the household has been sick in the 14 days prior to the game.
3. Player/ Coach/ Official has not traveled out of state in the 14 days prior to the game.
4. Player/ Coach/ Official has adhered to our state’s guidelines regarding COVID-19.
• Team benches will be on opposite sides of the fields.
• Spectators will sit on the same side of the field as their team and opposite their opponents player area. This is in order to keep spectators and coaching staff separate from those of other communities.
• Spectators and player areas may not be closer than 10 feet from the sideline at any point during the game.
• We do not encourage clubs to use team benches.
• All Players and Coaches must social distance or be wearing masks during halftime gatherings.
• Clubs will not provide communal water or snacks.
• Fields that are side by side should be spaced at least 20 yards apart.
• If you are unable to distance fields at least 20 yards apart, game times should be staggered to prevent teams from leaving and entering at the same time.
• Spectators should not approach the field until the spectators from the previous game have cleared the area.
• Lines should be drawn between fields to separate the area designated for each field.
• No “off-field” pregame warm ups due to crowding issues around the fields. Refrain from warming up until you have taken possession of the field once the previous team and spectators have cleared the area.

**Staggering Game Times**

• Using the diagram above, FYSA recommends only using fields A & D simultaneously.
• If there is a scenario where all 4 fields must be used in the same day, FYSA recommends staggering the game times of A,D and B,C. For example: If fields A & D are scheduled to start at 8:00 AM, then fields B & C should be scheduled to start at 9:00 AM.
• If your fields are side by side or goal to goal you may use the same process and stagger the game time of every other field.