



2025-26 FSPL Competition Format - Girls



Age Group	Regular Season Groups	Advancement to FSPL Playoffs	FSPL Playoffs Format	Promotion	Relegation*
16U Girls	1 Statewide Group	<ul style="list-style-type: none">• State #2• State #3• State #4• State #5	Semi-Final matches on Saturday & Final match on Sunday	2 Promotion Spots to NL Team P1 Sunshine <ul style="list-style-type: none">• #1 Team in regular season• FSPL Playoffs Winner	Bottom 1 team relegated
18/19U Girls	1 Statewide Group	<ul style="list-style-type: none">• State #1• State #2• State #3• State #4	Semi-Final matches on Saturday & Final match on Sunday	N/A	N/A

*Relegation spots are subject to change based on the 2026-27 FSPL Structure.