



FL ODP Pool Training

2012-2014 Males/Females

November 1-2, 2025

Lake Myrtle Sports Complex

Saturday, November 1st						
Morning Sessions						
Time	Field 4	Field 5	Stadium	Field 6	Field 7-8	Field 9-10
9-10:30AM	2013F	2013F	Auburndale	2012F (GK) & 2013-2014M (GK)	2014F	2012M
10:30AM-12PM	2012F	2012F	Auburndale	2013-2014F (GK) & 2012M (GK)	2014M	2013M
Afternoon Sessions						
2:30-4:30PM	2013F	2013F	1PM-Apex		2014F	2012M
4:30-6:30PM	2012F	2012F			2014M	2013M
Sunday, November 2nd						
Morning Sessions						
Time	Field 4	Field 5	Stadium	Field 6	Field 7-8	Field 9-10
9-11AM	2013F	2013F	9AM-Apex		2014F	2012M
11AM-1PM	2012F	2012F			2014M	2013M

- **Goalkeepers attend all field sessions + their GK session**
- **The events on the stadium field are not ODP events**